

Visit 1
GP Pre-Assessment

Visit 2
Spirometry,
Skin Prick Testing
Report generation

Visit 3
Telehealth with Allergist
Specialist

Subsequent visits:
Desensitisation Immunotherapy

ALLERGY (SKIN PRICK) TESTING

Allergens (substances causing allergy such as pollen or dust mite) can worsen conditions like asthma and allergic rhinitis. Skin Prick Testing can help your doctor confirm which allergens might be contributing to your conditions, so that the most appropriate advice can be given to you.

At Springs Medical (SM), your Allergist GP, Dr Albert Ip, will be performing Skin Prick Testing to 5 grass pollens and 2 House dust mites. If you react to these allergens, SMC can offer you a telehealth consult with an Allergist Specialist, currently Professor Frank Thien, Respiratory and Allergy Specialist in Melbourne. We would offer you immunotherapy to desensitize against these allergens. This could improve your asthma and allergic rhinitis.

Available from Private Health Insurance Extras.

The first visit of each immunotherapy cycle will incur a single standard gap fee. Subsequent standard immunotherapy only visits will be bulk-billed.

Telehealth consultations with the Allergy GP and Allergy Specialist will be bulk-billed for all patients.

It's **very** important that you contact reception if you are not able to attend your scheduled appointment. If not, this could incur a non-rebatable charge.

ALLERGY IMMUNOTHERAPY DESENSITISATION

A positive test for Skin Prick Testing and a recommendation for desensitization by a Specialist Allergist is required prior to commencing immunotherapy.

There are two methods to administer desensitization therapy:

- Sublingually – oral daily

Your first few appointments could take up to 40 minutes as you will be observed for any potential serious reactions in the waiting room post treatment. This will occur over 3 consecutive days. Your subsequent administration can occur at home.

- Subcutaneously – injections weekly

Your first few appointments could take up to 40 minutes as you will be observed for any potential serious reactions in the waiting room post treatment. This will occur over a number of weeks as we increase the injection strength. Subsequent administrations, once your injections are increased to full doses, can occur weekly with a 15 min observation period.

Visit 1

\$40 fixed gap (all patients)

Visit 2

\$100 fixed gap (all patients)

Visit 3

Telehealth consultations with the Allergy GP and Allergy Specialist will be Bulk-Billed (no gap fee) for all patients.