

Dr Falak Naz Returns to Springs Medical

We are delighted to welcome Dr Falak Naz back to Springs Medical. Dr Naz loves Daylesford and says “this is a wonderful community, very family friendly and one of the best training environments I experienced in Australia. Therefore, I couldn’t resist the opportunity to return to Springs Medical to work as a senior GP and be part of a great team of health professionals”.

Born in Pakistan she grew up in a stunningly beautiful picturesque village in the Swat Valley. At the age of 15, she went to boarding school, completing years 11 and 12 in Islamabad. While growing up, Dr Naz always wanted to be a pilot, but recalls her grandfather who was a school principal and teacher, suggesting that she study medicine as the need for qualified doctors in Pakistan was great. “He had a vision to educate all his grandchildren” she says. Dr Naz sees her father as her greatest mentor and where she gets her inspiration to remain focused and disciplined. “He was always a hard-working person, providing for the family in a harsh environment.”

Dr Naz first studied medicine at Ayub Medical College Abbottabad graduating in 2005, however she completed most of her formal medical training, including her GP training and Advanced Diploma in obstetrics and gynaecology in Australia.

Dr Naz is especially committed to rural, women’s and geriatric health and her goals are to contribute to the community, raise awareness about health and wellbeing and to promote disease prevention through her medical practice. This passion, coupled with a discipline to acquire the best medical education brought Dr Naz to rural Australia over eleven years ago, to complete her formal GP and postgraduate medical training across Tasmania, Victoria and South Australia.

Dr Naz holds a passion for women’s health born from her early medical training in Northern Pakistan where she witnessed women suffering from preventable diseases and conditions. She has a long-term vision of assisting to establish a charity hospital in her native homeland, believing this early medical intervention could be life-saving and significantly improve health outcomes and quality of life.

“There are lots of defining moments in my life” explains Dr Naz “however the one that stands out the most is graduating from medical school”. Her advice to medical students is to be dedicated and work hard, “it’s a fulfilling and rewarding career”.

Dr Naz has recently returned to Victoria from Adelaide with her physician husband and their three young daughters. “There’s something about Daylesford that makes you feel so welcome, there’s a sense of embracing diversity and the flexible hours makes it ideal for our family lifestyle.”

Advertorial - Photo: Kyle Barnes



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In an emergency always call 000

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