

WOMEN'S WELLNESS CLINIC

Patient Information Sheet

Springs Medical is commencing a new Women's Wellness Clinic (WWC) service provided for women by women.

- Dedicated women's health appointments
- Local, expert health care
- Extended appointments will allow ample time to discuss issues that concern women
- Assists women to actively and holistically manage their health and wellness

The Clinics are run by female GPs, expert in providing comprehensive women's wellness checks for health concerns impacting women at all stages of life.

The clinics will be available at SM Daylesford and Trentham sites for concerns such as:

Service	Examples
Contraception	Oral contraceptive pill, emergency contraception, hormonal intrauterine device (IUD)- Mirena™ or IUD, insertion and removal of long-acting forms of contraception, contraceptive implants e.g. Implanon, Depo provera injections
Pelvic floor and Prolapse	Vaginal discomfort, pelvic floor problems causing incontinence or prolapse
Continence	Issues with bladder or bowel leakage or incontinence
Genital skin and vaginal conditions	Lichen sclerosis, vaginal dryness, thinning, inflammation
Sexual health information and screening	Sexually transmitted disease screening and treatment e.g chlamydia, syphilis, HIV,
Menopause support	Hot flushes, night sweats, loss of interest in sex, difficulty sleeping, fatigue and vaginal dryness, painful intercourse
Women's health check	Bone health, breast health, CST (Pap tests) if required as part of your consultation, concerns about libido
Period problems	Period (menstrual) pain, heavy menstrual bleeding, bleeding after menopause, endometriosis, fibroids, pelvic pain
Pregnancy options	unplanned pregnancy counselling and choices
Fertility	Preparing for pregnancy, fertility concerns
Adolescent gynaecology – confidential service	Irregular or painful periods, pelvic pain, ovarian cysts

About your appointment

Telephone 53482227 to arrange your Women's Wellness Clinic appointment

Practitioners: Dr Falak Naz, Dr Beth Quin, Dr Ruth Spencer, Dr Kat Zabidi.

Costs: The fees for Women's Wellness Clinic initial (extended) consultations at Springs Medical reflecting the complexity of the consultation and the additional expertise of our Women's Wellness doctors.

- **Initial Appointment – 45 minutes:** Out of pocket fee of \$150. Concession Cardholders \$100
- **Review Appointment – 15 – 30 minutes:** Out of pocket fee of \$40. Concession Cardholders \$20
- Additional Procedural Fees also apply – fee list available upon request.

Full payment is expected at the time of consultation. Additional fees will apply if full payment is not paid

at the time of consultation. Instant Medicare rebates are available to your bank account via the Tyro system.

Non-attendance or late cancellation fees: It's **very** important that you contact reception if you unable to keep your appointment. Please give us at least 24hours notice otherwise a cancellation fee of \$120 may apply. Cancellation fees do not attract a Medicare rebate.

This leaflet provides information about your forthcoming appointment so you know exactly what to expect. We'll go into more detail during your appointment and be able to ask answer any questions that you may have.