

Dr Falak Naz Returns to Springs Medical

When Dr Falak Naz arrived in Australia from Pakistan with her husband, she settled in the town of Ararat in Adelaide to further her medical training, while her husband, also a medical student was based in Alice Springs.

Dr Falak studied medicine at Ayub Medical College Abbottabad graduating in 2005. She completed most of her formal medical training, including her Advanced Diploma in obstetrics and gynaecology in Australia.

Born in Pakistan Dr Falak grew up in a little picturesque village called Swat Valley. She went to boarding school when she turned 15 years old and studied there until year ten and then completed year 11 and 12 in Istanbul.

Dr Falak recalls her grandfather, a teacher suggesting that she study medicine as the need for qualified Dr's in Pakistan was great. "He had a vision to educate all his grandchildren." She says. Dr Falak sees her father as her mentor, "he was always a hard-working person, providing for the family in a harsh environment." This is where she gets her inspiration from, to remain focused and disciplined.

"There are lots of defining moments while in medical school" explains Dr Falak "the one that stands out the most is passing and becoming qualified". Her advice to medical students is to be dedicated and work hard, it's a fulfilling a rewarding career.

Dr Falak understands the importance of women's health to the community, not only back in Pakistan but also in Rural areas of Australia where there is a great need for obstetricians and gynaecologists. She has worked for several years in regional and rural Australia including Tasmania, Victoria and South Australia.

While in Victoria, Dr Falak worked at Springs Medical in Daylesford and after some time away in Adelaide decided to return to Daylesford with her husband, twin boys and daughter. "There's something about Daylesford that makes you feel so welcome, there's a sense of multiculturalism and the flexible hours makes it ideal for our family lifestyle."

Dr Falak's goals are to help the community with her skills, raise awareness about women's health and wellbeing and to prevent disease. She has a long-term vision of assisting to establish a charity hospital in the future so that medicine can be available to those in need.

Some of Dr Falak's friends from Pakistan live in Melbourne so she enjoys baking traditional food with them to share with the family. She follows tennis and runs to keep fit.

Advertorial

Photo: Kyle Barnes



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